



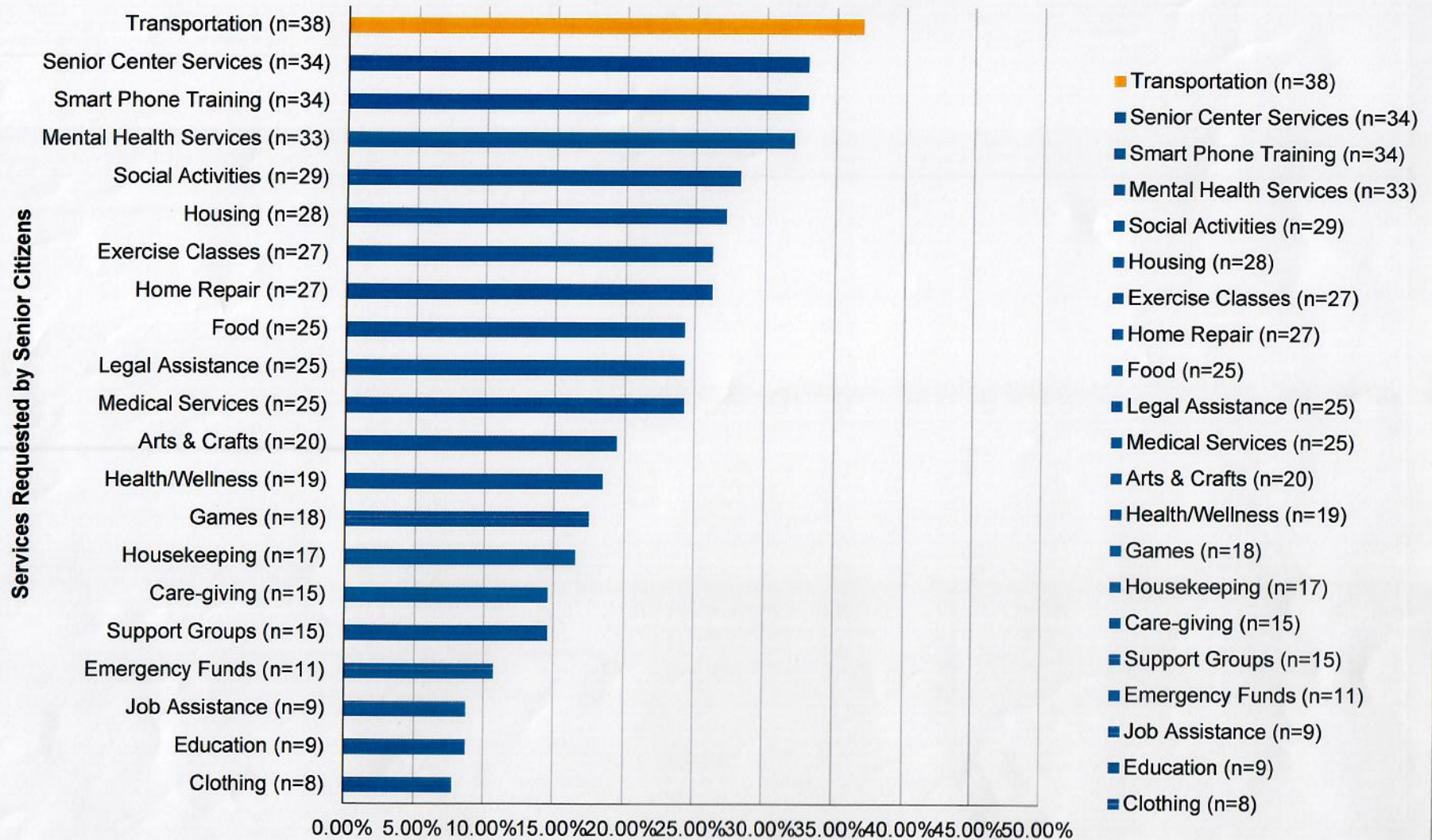
Estero Bay Senior Questionnaire

- This questionnaire was developed to find out exactly what the resources and services Seniors in the Estero Bay need to have for a better life. All the communities of Estero Bay are different, we know that services in one area are not met in others. Socialization, communication, access to transportation, access to health care are some that we see lacking in most areas.
- Working together in collaboration knowing what works and what doesn't is a key to helping our seniors.
- Los Osos Cares, Inc. has been awarded a Dignity Health Community Grant to help underserved seniors, families and homeless in Estero Bay. To the best of our ability we will help those in need find help and services to improve their standard of life.
- This questionnaire was sent out in February 2020, before COVID 19 shelter at home was in place. We are sending out a "post pandemic" questionnaire in September to address how the needs have changed and what resources are now available.

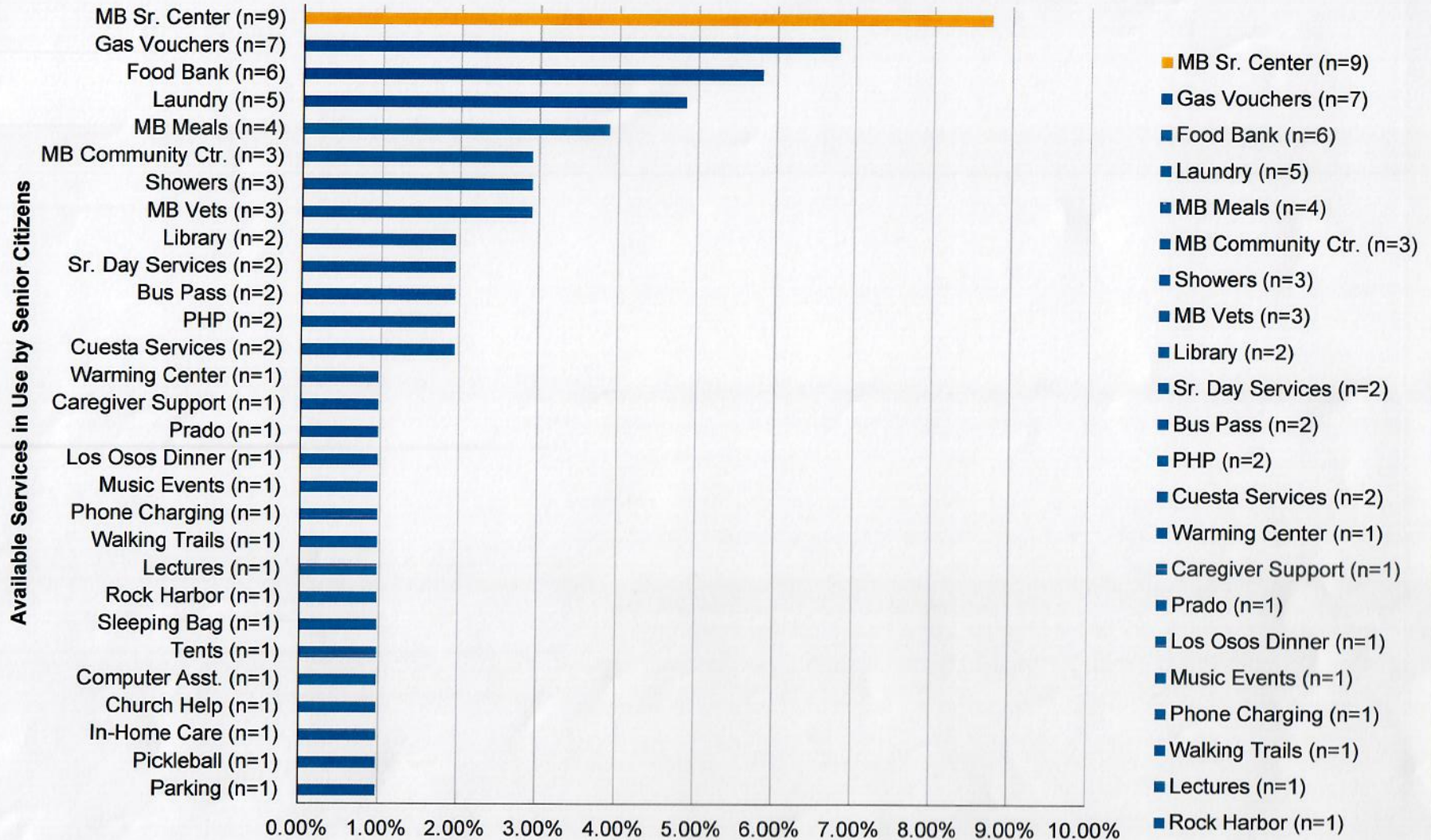
Introduction

- The data presented has been collected from the Estero Bay Senior Citizen Needs questionnaire. The questionnaire was distributed in February and mid-March from the Los Osos Cares Senior Program, to citizens in Los Osos, Morro Bay and Cayucos.
- The questionnaire had a total of 210 respondents; there were 103 respondents from Los Osos, 94 respondents from Morro Bay and 13 respondents from Cayucos. The questionnaire consists of ten separate questions. The first question asks the respondent what age bracket they belong to. The second asks respondents what their primary language is. The third question asks respondents which town they reside in. The fourth question asked respondents to write down what services or programs they currently use or have used in the past. The fifth questions asks respondents to choose what services or programs they could benefit from. The sixth question asks whether they have a emergency contact or not. The seventh questions asks respondents if they or their spouse is a veteran. The eighth question asks if they have a disability or not. The ninth question asks whether they have income aside from social security. The tenth question asks about the status of their housing. The tables presented reflect the percentages that were calculated from the number of respondents that pertain to each town in regards to questions one, two, three, six, seven, eight, nine and ten. The graphs presented reflect the percentages that were calculated from total number of respondents that pertain to each town in regards to questions four and five.
- Thank you to Barbara Bellenger for calculating all the questionnaires and to Claudia Reyes for her expertise in the graphs and presentation of the report.

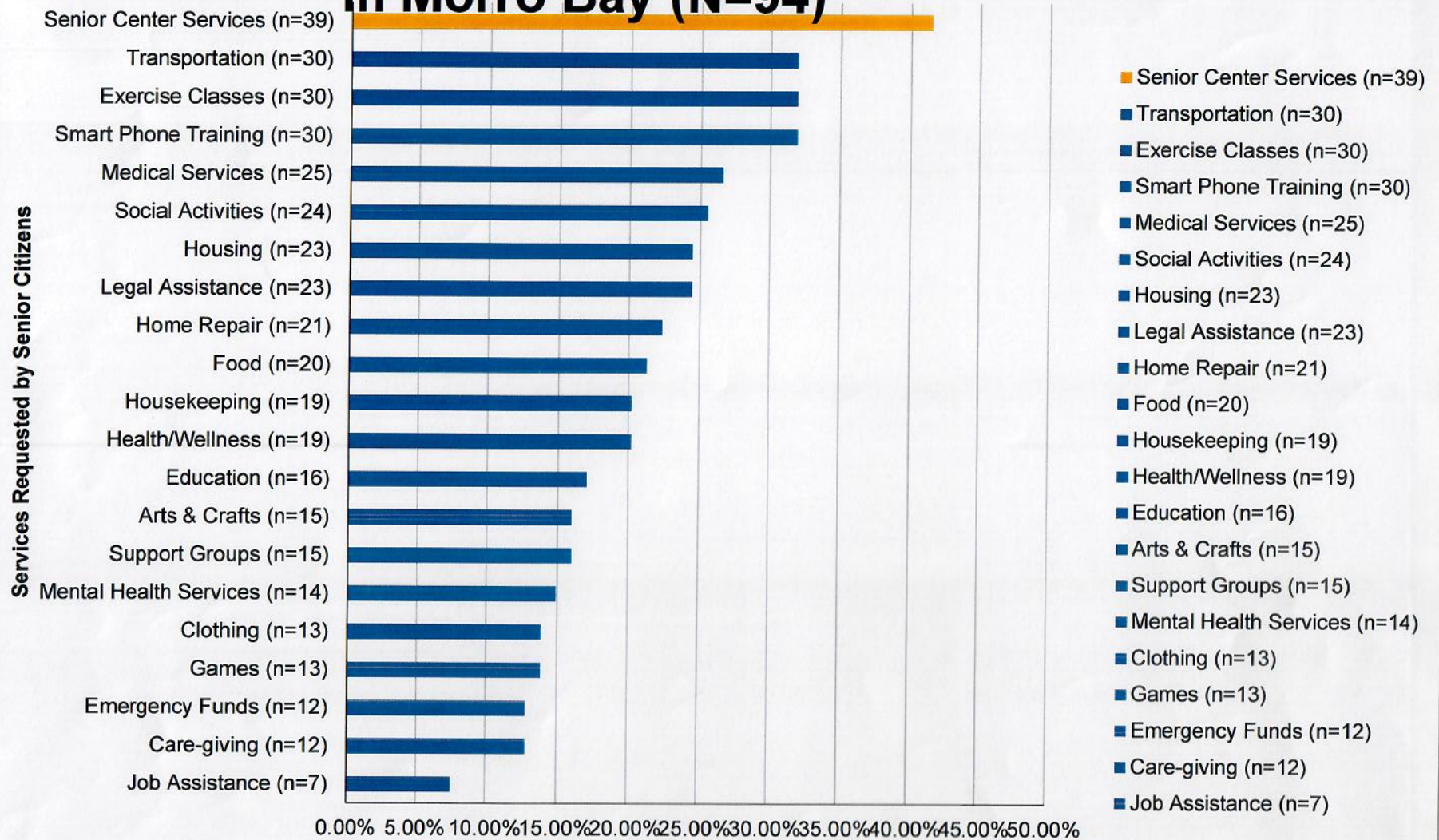
Percent Services Requested by Senior Citizens in Los Osos (N=103)



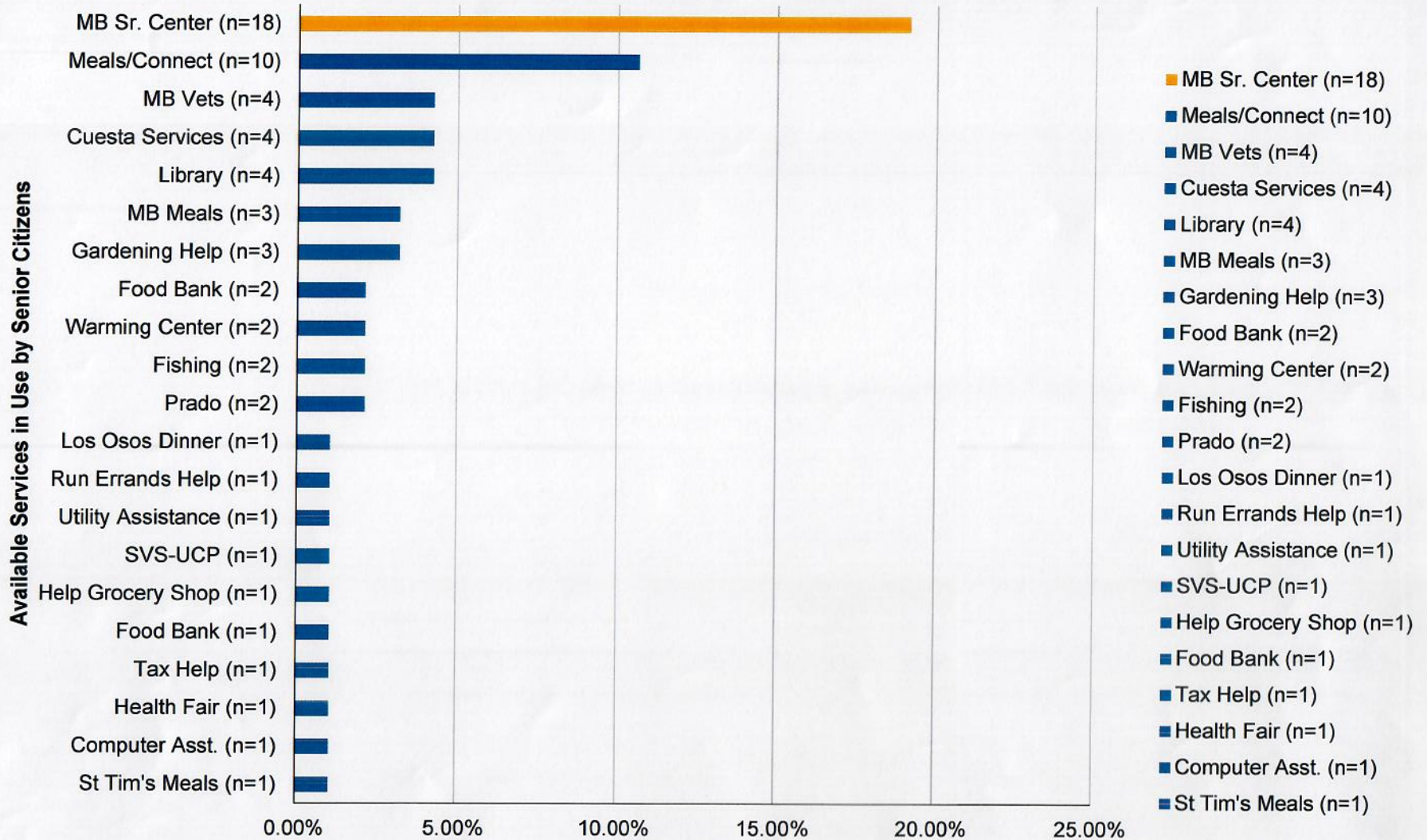
Percent Available Services in Use by Senior Citizens in Los Osos (N=103)



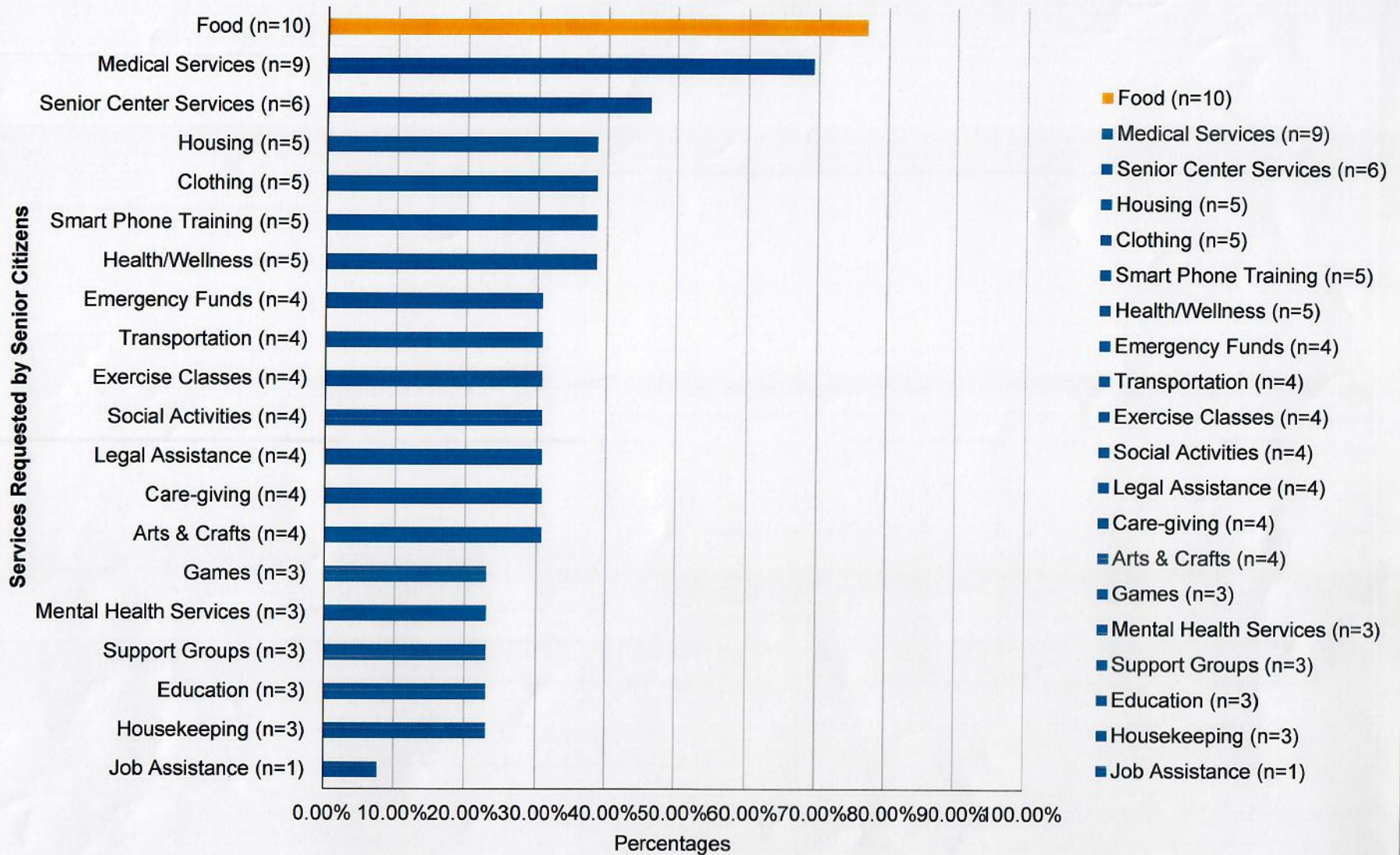
Percent Services Requested by Senior Citizens in Morro Bay (N=94)



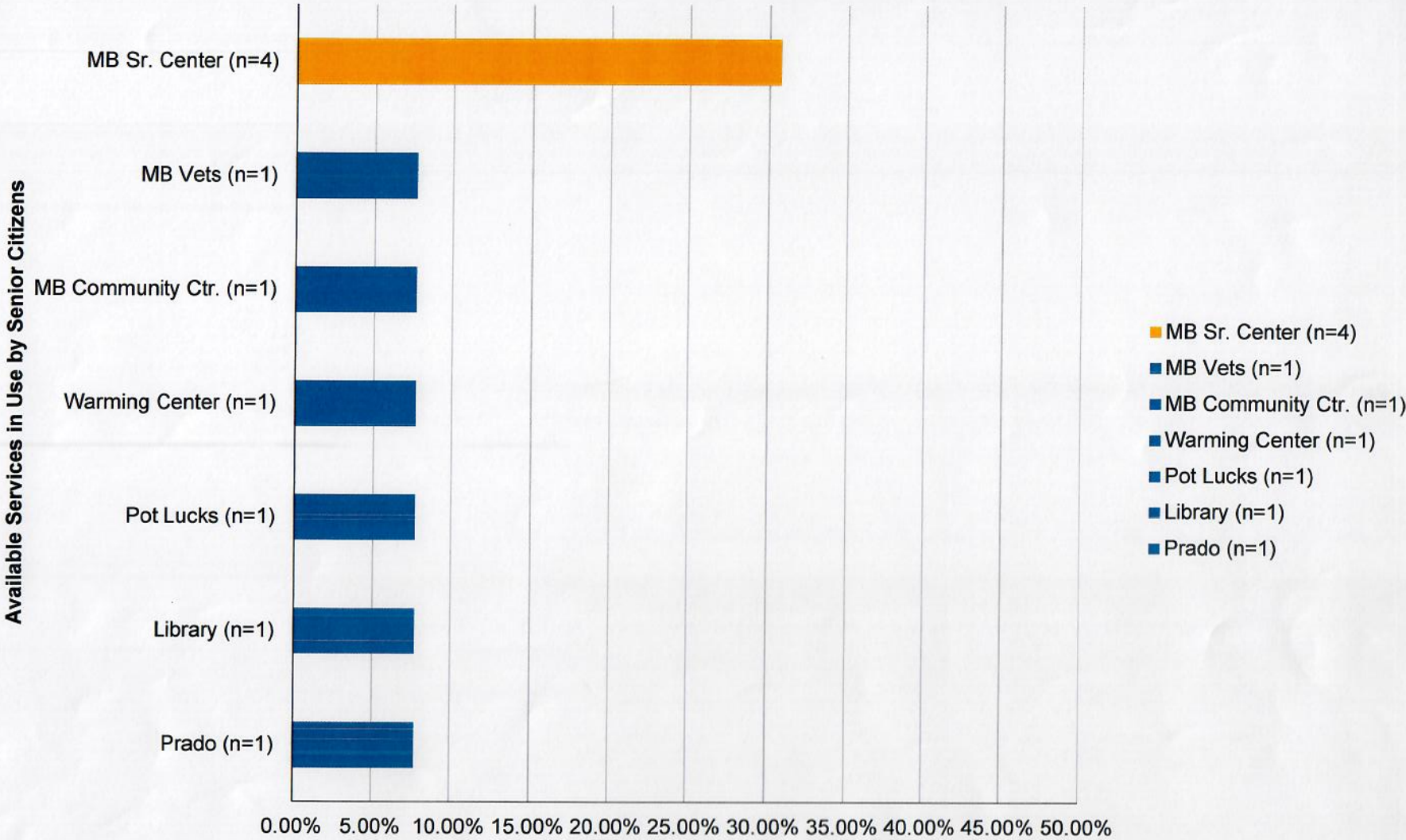
Percent Available Services in Use by Senior Citizens in Morro Bay (N=94)



Percent Services Requested by Senior Citizens in Cayucos (N=13)



Percent Available Services in Use by Senior Citizens Cayucos (N=13)



Estero Bay Senior Citizen Need Assessment Survey Responses from Senior Citizens in Los Osos

Total Number of Respondents (N=103)

Age Distribution	Count	-11
<55	1	
55-65	26	
66-75	41	
76-85	18	
86+	6	
Total Responses	92	
Total Respondents	103	

Age Distribution (N=103)	Percentages
<55 (n=1)	0.97%
55-65 (n=26)	25.24%
66-75 (n=41)	39.81%
76-85 (n=18)	17.48%
86+ (n=6)	5.83%

Language	Count	5
English	103	
Spanish	5	
Other	0	
Total Responses	108	
Total Respondents	103	

*speak both?

Language (N=103)	Percentages
English (n=103)	100.00%
Spanish (n=5)	4.85%
Other (n=0)	0.00%

Services Requested	Count
Transportation	38
Senior Center Services	34
Smart Phone Training	34
Mental Health Services	33
Social Activities	29
Housing	28
Exercise Classes	27
Home Repair	27
Food	25
Legal Assistance	25

Services Requested (N=103)	Percentages
Transportation (n=38)	36.89%
Senior Center Services (n=34)	33.01%
Smart Phone Training (n=34)	33.01%
Mental Health Services (n=33)	32.04%
Social Activities (n=29)	28.16%
Housing (n=28)	27.18%
Exercise Classes (n=27)	26.21%
Home Repair (n=27)	26.21%
Food (n=25)	24.27%
Legal Assistance (n=25)	24.27%

Medical Services	25
Arts & Crafts	20
Health/Wellness	19
Games	18
Housekeeping	17
Care-giving	15
Support Groups	15
Emergency Funds	11
Job Assistance	9
Education	9
Clothing	8
Other	0
Total Responses	466
Total Respondents	103

Medical Services (n=25)	24.27%
Arts & Crafts (n=20)	19.42%
Health/Wellness (n=19)	18.45%
Games (n=18)	17.48%
Housekeeping (n=17)	16.50%
Care-giving (n=15)	14.56%
Support Groups (n=15)	14.56%
Emergency Funds (n=11)	10.68%
Job Assistance (n=9)	8.74%
Education (n=9)	8.74%
Clothing (n=8)	7.77%
Other (n=0)	0.00%

Emergency Contact	
	Count
Yes	82
No	21
Total Responses	103
Total Respondents	103

Emergency Contact (N=103)	
	Percentages
Yes (n=82)	79.61%
No (n=21)	20.39%

Veteran	-3
	Count
Yes	25
No	75
Total Responses	100
Total Respondents	103

Veteran (N=103)	
	Percentages
Yes (n=25)	24.27%
No (n=75)	72.82%

Disabled	-3
	Count

Disabled Percentages (N=103)	
	Percentages

Yes	41
No	59
Total Responses	100
Total Respondents	103

Yes (n=41)	39.81%
No (n=59)	57.28%

Additional Income	-11
Count	
Yes	61
No	31
Total Responses	92
Total Respondents	103

Additional Income (N=103)	
	Percentages
Yes (n=61)	59.22%
No (n=31)	30.10%

Housing Circumstance	
Count	
Rent	34
Own	55
Other	14
Total Responses	103
Total Respondents	103

Housing Circumstance (N=103)	
	Percentages
Rent (n=34)	33.01%
Own (n=55)	53.40%
Other (n=14)	13.59%

Written Responses of Available Services in Use by Senior Citizens	
Count	
MB Sr. Center	9
Gas Vouchers	7
Food Bank	6
Laundry	5
MB Meals	4
MB Community Ctr.	3
Showers	3
MB Vets	3
Library	2

Written Responses of Available Services in Use by Senior Citizens(N=103)	
	Percentages
MB Sr. Center (n=9)	8.74%
Gas Vouchers (n=7)	6.80%
Food Bank (n=6)	5.83%
Laundry (n=5)	4.85%
MB Meals (n=4)	3.88%
MB Community Ctr. (n=3)	2.91%
Showers (n=3)	2.91%
MB Vets (n=3)	2.91%
Library (n=2)	1.94%

Sr. Day Services	2
Bus Pass	2
PHP	2
Cuesta Services	2
Warming Center	1
Caregiver Support	1
Prado	1
Los Osos Dinner	1
Music Events	1
Phone Charging	1
Walking Trails	1
Lectures	1
Rock Harbor	1
Sleeping Bag	1
Tents	1
Computer Asst.	1
Church Help	1
In-Home Care	1
Pickleball	1
Parking	1
Food Bank	0
Requested Svcs	0
Fishing	0
Utility Assistance	0
Los Osos SB Ctr.	0
Meals/Connect	0
Help Grocery Shop	0
SVS-UCP	0
Gardening Help	0
Run Errands Help	0
Health Fair	0
Tax Help	0
St Tim's Meals	0
Pot Lucks	0
Total Responses	66
Total Respondents	103

Sr. Day Services (n=2)	1.94%
Bus Pass (n=2)	1.94%
PHP (n=2)	1.94%
Cuesta Services (n=2)	1.94%
Warming Center (n=1)	0.97%
Caregiver Support (n=1)	0.97%
Prado (n=1)	0.97%
Los Osos Dinner (n=1)	0.97%
Music Events (n=1)	0.97%
Phone Charging (n=1)	0.97%
Walking Trails (n=1)	0.97%
Lectures (n=1)	0.97%
Rock Harbor (n=1)	0.97%
Sleeping Bag (n=1)	0.97%
Tents (n=1)	0.97%
Computer Asst. (n=1)	0.97%
Church Help (n=1)	0.97%
In-Home Care (n=1)	0.97%
Pickleball (n=1)	0.97%
Parking (n=1)	0.97%
Food Bank (n=0)	0.00%
Requested Svcs (n=0)	0.00%
Fishing (n=0)	0.00%
Utility Assistance (n=0)	0.00%
Los Osos SB Ctr. (n=0)	0.00%
Meals/Connect (n=0)	0.00%
Help Grocery Shop (n=0)	0.00%
SVS-UCP (n=0)	0.00%
Gardening Help (n=0)	0.00%
Run Errands Help (n=0)	0.00%
Health Fair (n=0)	0.00%
Tax Help (n=0)	0.00%
St Tim's Meals (n=0)	0.00%
Pot Lucks (n=0)	0.00%